

NINJA ADVENT CALENDAR IDEAS

Food Ideas	Self-Care Ideas
 ☐ Yummy types of teas ☐ Exotic coffee capsules ☐ Delicious smoothie recipes ☐ Energizing protein balls ☐ Practical granola packets ☐ Mini jars of jam ☐ Flower / Herbs / Vegetable seeds 	 ☐ Fun bath bombs ☐ Fragrant bath balls ☐ Relaxing incense cones / sticks ☐ Scented tealights ☐ 24 wonderful short stories ☐ Daily Ninja Goal Planner ☐ Ninja Journaling Prompts
Couple Ideas	
Dance to your favorite song Go ice skating Cook a romantic meal together Movie night Go out for dinner / get take out Get or give a massage Make DIY scented candles Do a Christmas wine-tasting Go somewhere beautiful Bake cookies together Make your favorite cocktail Take cute pictures Unplug & spend time together with no phones	 □ Create a theme night □ Cuddle by the fire □ Prepare a romantic breakfast / brunch □ Sign up for a new activity/class □ Play a board or video game □ Recreate your first date □ Go for a walk together □ Watch the sunset (in a cozy blanket) □ Make a bucket list of things to do together □ Enjoy an epic pillow fight □ Take a look at old pictures or videos □ Take turns & massage each others' hands
My Notes	